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I, \_\_\_\_\_, direct my health care and medical services providers and payers to disclose and release my protected health information described below to:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Contact Information: \_\_\_\_\_

**Health Information to be disclosed** upon the request of the person named above --  
(Check either A or B):

A. Disclose my complete health record (including but not limited to diagnoses, lab tests, prognosis, treatment, and billing, for all conditions) OR

B. Disclose my health record, as above, BUT do not disclose the following  
(check as appropriate):

Mental health records

Communicable diseases (including HIV and AIDS)

Alcohol/drug abuse treatment

Other (please specify): \_\_\_\_\_

**Form of Disclosure** (unless another format is mutually agreed upon between my provider and designee):

An electronic record or access through an online portal

Hard copy

**This authorization shall be effective until** (Check one):

All past, present, and future periods, OR

Date or event: \_\_\_\_\_

unless I revoke it. (NOTE: You may revoke this authorization in writing at any time by notifying your health care providers, in writing.)

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Name of the Individual Giving this Authorization

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Date of birth

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Signature of the Individual Giving this Authorization

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Date

Note: HIPAA Authority for Right of Access: 45 C.F.R.